



# Grace Counselling Centre

## Talks and Workshops

### Our Service

Grace Counselling Centre provides talks and workshops for the youths, parents, counsellors, psychologists; for Christians and the general public.

### The Team

Grace Counselling Centre trainers and lecturers are registered psychologists and counsellors who have been training and lecturing in various institutes and universities in Singapore and other countries.



Training counsellors in One Hope Centre



GCC In-House Training Room (Seats up to 12 participants)

## GCC Original Topics

### ADOLESCENTS

- Sex Education for Christian Adolescents
- Self-Esteem and Our True Identity
- Emotional Intelligence

### RELATIONSHIP ISSUES

- Communication and Confrontation
- Empathy and Team Work

### PSYCHO-SPIRITUAL ISSUES

- Our True Worth in Christ
- Motivation and Meaning in Life
- The Power of Faith and Speaking

### WORKPLACE ISSUES

- Stress and Anger Management
- Time Management and Work-Life Balance

### GENERAL PUBLIC

- Dream Interpretation
- Self-Awareness and Self-Acceptance

### COUNSELLORS AND HELPING PROFESSIONALS

- Basic/Specific Counselling Skills
- Abnormal Behaviours
- Basic Psychological Testing
- Self-Care Workshop for Helping Professionals

**We also Customize Courses to suit your organizational needs.**

**For a complete list and details of our courses, please contact us:**

Tel: 6408 9752

Email: [admin@gracecounsellors.com](mailto:admin@gracecounsellors.com)

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